



## MAIN COURSES

### **Roast Spring Rack of Lamb**

served with bean cassoulet and a light rosemary jus  
£17.50

### **Crispy Duck Leg**

accompanied with creamy mash and pok choi and a sweet jus  
£12.95

### **Supreme of Guinea Fowl**

green asparagus and fondant potato  
£13.00 G ♥

### **Calves Liver**

on a bed of bubble and squeak with a rich onion gravy  
£13.50 G

### **Grilled Polenta**

with aubergine and roasted pepper and sauce vierge  
£9.00 V ♥

### **Tewin Bury Farm Caught Trout**

served teriyaki style on a bed of stir-fried vegetables  
£13.50 G ♥

### **Grilled Lemon Sole**

served with new potatoes, garlic french beans and a caper sauce  
£14.50 G ♥

## FROM THE GRILL

8oz British Excellence Sirloin Steak £16.00 G ♥

8oz British Excellence Rib Eye Steak £16.50 G ♥

Chicken Breast £14.95 G ♥

Lamb Steak £14.50 G ♥

All served with Portobello Mushrooms, Tomato and Farmhouse Chips

## SIDE DISHES

Bowl of Chips

Homemade Onion Rings

Mixed Seasonal Vegetables G

Green Beans & Roasted Shallots G

House Side Salad G

Creamy Mash

£2.25 per dish

## DESSERTS & CHEESE

a selection of desserts are available from the board



# THE RESTAURANT AT TEWIN BURY FARM

## MEZZE

please choose from the following

**Black and Green Olives**  
with herbs de provences V ♥

**Mini Honey & Mustard Glazed  
Sausages**

**Selection of Rustic Bread**  
with olive oil and balsamic V

**Baby Mozzarella Balls**  
with sun-blushed tomato and basil V

**Houmous or Taramasalata**  
with grilled Pitta Bread V ♥

**Chorizo**  
cooked in red wine and served hot G

**Beer Battered King Prawns**  
with a sweet chilli dip  
£2.50 each

## STARTERS

**Homemade Soup of the Day**  
£4.70 ♥

**Melon and Parma Ham**  
served with a balsamic reduction  
£7.00 G ♥

**Seafood Platter**  
poached fish and shellfish served with salad garnish and spicy chorizo  
£8.50 or as a main dish £14.95 G ♥

**Double Baked Goat's Cheese Soufflé**  
on a bed of creamy leek and pancetta crisps  
£6.95 V

**Tewin Bury Farm Caesar Salad**  
topped with pan fried scallops and anchovies  
£8.50 or as a main dish £14.95 ♥

**New Season Green Asparagus and Bressola**  
basil essence and parmesan shaving  
£6.00 G ♥

**Homemade Fish Cakes**  
served with minted pea puree, topped with rocket leaves and lemon oil  
£6.50 or as a main dish £11.95 ♥

V = Vegetarian

♥ = Healthy Option

G = Gluten Free

Our dishes may contain traces of nuts  
Please make your host aware if you have any allergies